Subject: i knew there were good reasons for booze... Posted by rick on Thu, 22 Mar 2007 16:46:07 GMT

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Ruth Mair

Office Assistant III
Business & Personnel Office

1 Physical Plant Building

Michigan State University

East Lansing, MI 48823

Phone: (517) 432-0243

Fax: (517) 353-5001

From: Olga Lechuga [mailto:Lechuga@MAIL.HFS.MSU.EDU]

Sent: Tuesday, March 20, 2007 3:02 PM

To: Ms V; Mair, Ruth

Subject: Fwd: Why I like my martini's so much!

After a number of carefully controlled trials, scientists demonstrated that if we drink 1 liter of water daily, at the end of a year we would absorb more than 1 kilo of Escherichia coli, (E. Coli) bacteria found in

feces. In other words, we are consuming 1 kilo of poop.

However, we do NOT run that risk when drinking wine (or rum, whiskey or

other liquor) because alcohol goes through a purification process of boiling, filtering and/or fermenting.

Remember: Water = Poop, Wine = Health

Therefore, it is better to drink wine and talk stupid, than drink

Subject: Re: i knew there were good reasons for booze... Posted by Deej [4] on Thu, 22 Mar 2007 17:12:41 GMT

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What does not kill us makes us stronger Rick. I lived in the tropics for quite a while. Upon a number of occasions I got pretty sick (Dengue fever was especially fun) but I continued to eat the food and drink the water that the locals had grown accustomed to and survived. I seldom get sick anymore because no self respecting germ will live in my body.

;0)

```
"rick" <parnell68@hotmail.com> wrote in message
news:jkc5039lvilin3sp3lmndi30lmdbm78uh0@4ax.com...
>
> Ruth Mair
> Office Assistant III
> Business & Personnel Office
> 1 Physical Plant Building
> Michigan State University
> East Lansing, MI 48823
> Phone: (517) 432-0243
> Fax: (517) 353-5001
> From: Olga Lechuga [mailto:Lechuga@MAIL.HFS.MSU.EDU]
> Sent: Tuesday, March 20, 2007 3:02 PM
> To: Ms V; Mair, Ruth
> Subject: Fwd: Why I like my martini's so much!
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> Therefore, it is better to drink wine and talk stupid, than drink
> water
> and be full of shit.
```

Subject: Re: i knew there were good reasons for booze... Posted by excelar on Thu, 22 Mar 2007 18:17:35 GMT

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rick <parnell68@hotmail.com> wrote:

> 
> Ruth Mair

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>Business & Personnel Office

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> Michigan State University
> 
> East Lansing, MI 48823
> 
> Phone: (517) 432-0243
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```

Subject: Re: i knew there were good reasons for booze...

Posted by Deei [4] on Thu, 22 Mar 2007 22:45:09 GMT

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This explains everything!

Hehehe!!!....yeah man!!! That bottled water is for wussies. Give me some septic runoff any day!

LOL!!! :oD

"Rod Lincoln" <rlincoln@nospam.kc.rr.com> wrote in message news:4602fb76@linux...

- > This is the same case with me, sort of. I grew up on a farm, and we had
- > own well water. I drank that water every day till I moved out when I was
- > around 22. The farm got sold after my Grandfather died, a few years later,
- > and upon inspection, there was a pretty large amount of "bacteria from

```
> bovine
> intestine" (cow shit) the water, and we had to do something fairly
> expensive
> to rectify it.
> I grew up, being exposed to that bacteria on a daily basis for years. I
> almost
> NEVER get sick now. DJ, like you, germs know better than to come around
> me.
> :-)
> Rod
> "DJ" <www.aarrrrggghhh!!!.com> wrote:
>>What does not kill us makes us stronger Rick. I lived in the tropics for
>>quite a while. Upon a number of occasions I got pretty sick (Dengue fever
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>>> water
>>> and be full of shit.
>>
>>
>
```

Subject: Re: i knew there were good reasons for booze... Posted by Rod Lincoln on Thu, 22 Mar 2007 22:56:06 GMT View Forum Message <> Reply to Message

This is the same case with me, sort of. I grew up on a farm, and we had our own well water. I drank that water every day till I moved out when I was around 22. The farm got sold after my Grandfather died, a few years later, and upon inspection, there was a pretty large amount of "bacteria from bovine intestine" (cow shit) the water, and we had to do something fairly expensive to rectify it.

I grew up, being exposed to that bacteria on a daily basis for years. I almost NEVER get sick now. DJ, like you, germs know better than to come around me.

:-) Rod

"DJ" <www.aarrrrggghhh!!!.com> wrote:

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```

Subject: Re: i knew there were good reasons for booze... Posted by Sarah on Thu, 22 Mar 2007 23:58:08 GMT

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Yeah, well whether you drink water or not, your guts are crawling with billions of bacteria of various species, including E.coli. In fact, you have so many bacteria in your intestines that about 30% of that brown stuff you produce when your bowels move is dead bacteria. When you think about how small bacteria are, that's a whole lotta dead germs in your poop, which by the way accounts in large part for the interesting aromas.

This is symbiotic relationship, not a pathology -- the bacteria help us process our food, and we share our pizza with them. This is why antibiotics cause diarrhea and other digestive disturbances -- we kill off most of our tiny digestive buddies. Prolonged use of antibiotics can even allow certain drug-resistant bacteria, like Clostridium difficile, to overpopulate and cause serious intestinal problems.

So next time someone says you're full of shit, you just proudly reply, "Why yes, I am, and that's because I have a healthy population of intestinal flora."

Sarah

PS: Any closet coprophiles among you desiring to know more about our solid wastes, visit "The Scoop On Poop" at http://www.heptune.com/poop.html

"rick" <parnell68@hotmail.com> wrote in message news:jkc5039lvilin3sp3lmndi30lmdbm78uh0@4ax.com... >

```
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```

Subject: Re: i knew there were good reasons for booze... Posted by Deej [4] on Fri, 23 Mar 2007 01:19:12 GMT

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Gawd, I love this place!

```
"Sarah" <sarahjane@sarahtonin.com> wrote in message news:46031d12@linux...
> Yeah, well whether you drink water or not, your guts are crawling with
> billions of bacteria of various species, including E.coli. In fact, you
> have so many bacteria in your intestines that about 30% of that brown
> stuff you produce when your bowels move is dead bacteria. When you think
> about how small bacteria are, that's a whole lotta dead germs in your
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> overpopulate and cause serious intestinal problems.
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> intestinal flora."
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> Sarah
> PS: Any closet coprophiles among you desiring to know more about our solid
> wastes, visit "The Scoop On Poop" at http://www.heptune.com/poop.html
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```

Subject: Re: i knew there were good reasons for booze... Posted by Paul Braun on Fri, 23 Mar 2007 03:06:13 GMT View Forum Message <> Reply to Message

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On Thu, 22 Mar 2007 19:19:12 -0600, "DJ" <www.aarrrrggghhh!!!.com> wrote:
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>Gawd, I love this place!
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>"Sarah" <sarahjane@sarahtonin.com> wrote in message news:46031d12@linux...
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>> PS: Any closet coprophiles among you desiring to know more about our solid
```

>> wastes, visit "The Scoop On Poop" at http://www.heptune.com/poop.html >>

Whoa... I'm frightened.

I have no plans for ditching Paris, but at this point, this weird family is way beyond Paris anyway.

Way beyond.

Severely beyond.

I'd be going through withdrawal at some point that I wouldn't want to think about without severe medication.

pab

Subject: Re: i knew there were good reasons for booze... Posted by rick on Fri, 23 Mar 2007 10:09:07 GMT

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i'm sure i'll take issue with this...as soon as i sober up enough.

>>Phone: (517) 432-0243

>>

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>>From: Olga Lechuga [mailto:Lechuga@MAIL.HFS.MSU.EDU]
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>This explains everything!
```

Subject: Re: i knew there were good reasons for booze... Posted by rick on Fri, 23 Mar 2007 10:11:12 GMT View Forum Message <> Reply to Message

damn girl...you must be interesting...err...great on a first date.

looks and brains.

;0)

On Thu, 22 Mar 2007 16:58:08 -0700, "Sarah" <sarahjane@sarahtonin.com> wrote:

```
>Yeah, well whether you drink water or not, your guts are crawling with
>billions of bacteria of various species, including E.coli. In fact, you
>have so many bacteria in your intestines that about 30% of that brown stuff
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>how small bacteria are, that's a whole lotta dead germs in your poop, which
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>This is symbiotic relationship, not a pathology -- the bacteria help us
>process our food, and we share our pizza with them. This is why antibiotics
>cause diarrhea and other digestive disturbances -- we kill off most of our
>tiny digestive buddies. Prolonged use of antibiotics can even allow certain
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```

Subject: Re: i knew there were good reasons for booze... Posted by Sarah on Fri, 23 Mar 2007 12:49:24 GMT View Forum Message <> Reply to Message

Well, I am after all a registered nurse . . . we're supposed to know our shit. :D

S

```
"rick" <parnell68@hotmail.com> wrote in message
news:sr97039dm9nl1v1ue3d7cgm27kfe6q1mes@4ax.com...
> damn girl...you must be interesting...err...great on a first date.
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>>
```

Subject: Re: i knew there were good reasons for booze... Posted by rick on Fri, 23 Mar 2007 13:13:40 GMT View Forum Message <> Reply to Message

i'm sure if i were more sober i could think of something to say but...alas..the remaining cells are still a bit befuddled...sigh...hic...

On Fri, 23 Mar 2007 05:49:24 -0700, "Sarah" <sarahjane@sarahtonin.com>

>Well, I am after all a registered nurse . . . we're supposed to know our >shit. :D >S > >"rick" <parnell68@hotmail.com> wrote in message >news:sr97039dm9nl1v1ue3d7cgm27kfe6q1mes@4ax.com... >> damn girl...you must be interesting...err...great on a first date. >> looks and brains. >> >> ;0) >> >> >> >> On Thu, 22 Mar 2007 16:58:08 -0700, "Sarah" <sarahjane@sarahtonin.com> >> wrote: >> >>>Yeah, well whether you drink water or not, your guts are crawling with >>>billions of bacteria of various species, including E.coli. In fact, you >>>have so many bacteria in your intestines that about 30% of that brown >>>stuff >>>you produce when your bowels move is dead bacteria. When you think about >>>how small bacteria are, that's a whole lotta dead germs in your poop. >>>which >>>by the way accounts in large part for the interesting aromas. >>> >>>This is symbiotic relationship, not a pathology -- the bacteria help us >>>process our food, and we share our pizza with them. This is why >>>antibiotics >>>cause diarrhea and other digestive disturbances -- we kill off most of our >>>tiny digestive buddies. Prolonged use of antibiotics can even allow >>>certain >>>drug-resistant bacteria, like Clostridium difficile, to overpopulate and >>>cause serious intestinal problems. >>> >>>So next time someone says you're full of shit, you just proudly reply, >>>"Whv >>>yes, I am, and that's because I have a healthy population of intestinal >>>flora." >>> >>>Sarah >>>PS: Any closet coprophiles among you desiring to know more about our solid >>>wastes, visit "The Scoop On Poop" at http://www.heptune.com/poop.html >>>

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