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Subject: Re: Long time no chat!  
Posted by [DJ](#) on Tue, 03 Jul 2007 02:17:22 GMT  
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Hi Brad,

Nice looking studio. Nice to hear from your again. Do you do part time work as a short order fry cook using the face plates of those ADL's that are stack racked?

;o)

"Brad Lyons" <[brad@audioandmidi.com](mailto:brad@audioandmidi.com)> wrote in message  
news:468ac23e\$1@linux...

>

> I forgot to mention, former Paris user :-)

>

> Brad Lyons

> [www.audioandmidi.com](http://www.audioandmidi.com)

>

> "BradLyons" <[brad@audioandmidi.com](mailto:brad@audioandmidi.com)> wrote:

>>

>>hey guys, long time no chat! I was talking with a client of mine and

>>thought

>>I'd pop in for old times sake!!

>>

>>Brad Lyons

>>Sweetwater Sr Sales Engineer

>

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Subject: Re: Long time no chat!  
Posted by [DJ](#) on Tue, 03 Jul 2007 03:12:07 GMT  
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"Brad Lyons" <[brad@audioandmidi.com](mailto:brad@audioandmidi.com)> wrote in message  
news:468b0bdd\$1@linux...

>

> Eating better? :-( no..... Actually, I have been doing better

> lately--my

> fiance made me :-)

That's just Phase 1 of the "fiancee' plan. Stay tuned.....;o)

SSC passed away?????? WOW!

Yes. Very sad.

About two years ago, I went  
> through a scare of my own. I had major health problems with my breathing  
> for three years, well it took that long to figure out the problem. I was  
> choking, I had muscle hanging into my throat and making me pass out. I  
> almost  
> died actually because I was suffocating.

At least you found the problem.....but ya know, some people actually get their kicks that way....;o)....I'm doing the "you gotta' lower your cholesterol" thing right now. No more breakfast tacos for a while. Oatmeal is sooooo boring....but hey.....I'm regular (you needed to hear that, right :?)

So they had to put me in for major  
> re-constructive throat surgery, I was home for about 6-weeks on bed rest  
> taking 1,000mg of hydrocodeine around the clock every 2-hours for 10-days!  
> Yeah, I was in la-la land :-)

.....and then you get to feel like spoiled meat for about a week when you stop.

Yeah.....

Too bad you can't get a prosthetic Autotune unit installed when you're in the shop for repairs like that, huh?

>  
> Brad

Glad you're all better now.

Cheers,

DJ

>  
> "John" <no@no.com> wrote:  
>>  
>>Yeah but most importantly are you eating any better.....  
>>my latest creation [www.kfocus.com/pizza4.jpg](http://www.kfocus.com/pizza4.jpg)  
>>  
>>hehe, I'm on cubase 4 now with 3 digimax's and all the good stuff.  
>>Loving  
>>it. Paris was never reliable for me so after 6 years i pulled the plug.  
>> Patient huh? The channel is still great with all the usual audio and  
>> political  
>>discussions. My setup is finally golden so I'm expecting to actually have

>>something tangible soon as Edmund would say. You know SSC passed away and  
>>Edmund has been working for the government and never posted here again.  
>  
>>The days of stoning are gone, you can stay and be family again. Welcome  
>>back !!  
>>  
>>John  
>

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Subject: Long time no chat!  
Posted by [BradLyons](#) on Tue, 03 Jul 2007 21:30:05 GMT  
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hey guys, long time no chat! I was talking with a client of mine and thought  
I'd pop in for old times sake!!

Brad Lyons  
Sweetwater Sr Sales Engineer

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Subject: Re: Long time no chat!  
Posted by [BradLyons](#) on Tue, 03 Jul 2007 21:40:14 GMT  
[View Forum Message](#) <> [Reply to Message](#)

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I forgot to mention, former Paris user :-)

Brad Lyons  
[www.audioandmidi.com](http://www.audioandmidi.com)

"BradLyons" <[brad@audioandmidi.com](mailto:brad@audioandmidi.com)> wrote:

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>hey guys, long time no chat! I was talking with a client of mine and thought  
>I'd pop in for old times sake!!  
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>Brad Lyons  
>Sweetwater Sr Sales Engineer

---

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Subject: Re: Long time no chat!  
Posted by [John \[1\]](#) on Tue, 03 Jul 2007 22:41:49 GMT  
[View Forum Message](#) <> [Reply to Message](#)

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Well how do you do? It's like Tankersly.....stopping by to do a drive by.  
Why not stay a while. hehe

"Brad Lyons" <[brad@audioandmidi.com](mailto:brad@audioandmidi.com)> wrote:

>  
>I forgot to mention, former Paris user :-)  
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>Brad Lyons  
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>>Sweetwater Sr Sales Engineer  
>

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Subject: Re: Long time no chat!  
Posted by [BradLyons](#) on Tue, 03 Jul 2007 22:51:09 GMT  
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Well, if you guys don't stone me!!! HeHe (I have a pair of ProTools HD3 Accel with Control24's, now) I've been at Sweetwater for 7-years now, have recently gotten engaged, and back into doing production as well. Here's my studio:

<http://www.audioandmidi.com/studio/homestudio.html>

How are ya'll doing? It's been what....5, 6 years??

Brad Lyons  
www.audioandmidi.com

"John" <no@no.com> wrote:  
>  
>Well how do you do? It's like Tankersly.....stopping by to do a drive by.  
> Why not stay a while. hehe  
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>"Brad Lyons" <brad@audioandmidi.com> wrote:  
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>>>Brad Lyons  
>>>Sweetwater Sr Sales Engineer  
>>  
>

---

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Subject: Re: Long time no chat!  
Posted by [JeffH](#) on Tue, 03 Jul 2007 23:19:05 GMT  
[View Forum Message](#) <> [Reply to Message](#)

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Brad,

Welcome back (although I wasn't here yet when you left!) Nice looking setup on the studio.

Jeff

---

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Subject: Re: Long time no chat!  
Posted by [John \[1\]](#) on Tue, 03 Jul 2007 23:19:21 GMT  
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Yeah but most importantly are you eating any better.....  
my latest creation [www.kfocus.com/pizza4.jpg](http://www.kfocus.com/pizza4.jpg)

hehe, I'm on cubase 4 now with 3 digimax's and all the good stuff. Loving it. Paris was never reliable for me so after 6 years i pulled the plug. Patient huh? The channel is still great with all the usual audio and political discussions. My setup is finally golden so I'm expecting to actually have something tangible soon as Edmund would say. You know SSC passed away and Edmund has been working for the government and never posted here again. The days of stoning are gone, you can stay and be family again. Welcome back !!

John

---

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Subject: Re: Long time no chat!  
Posted by [Aaron Allen](#) on Tue, 03 Jul 2007 23:26:15 GMT  
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Mark?  
"Brad Lyons" <[brad@audioandmidi.com](mailto:brad@audioandmidi.com)> wrote in message  
[news:468ac23e\\$1@linux...](mailto:news:468ac23e$1@linux...)

>  
> I forgot to mention, former Paris user :-)  
>  
> Brad Lyons  
> www.audioandmidi.com  
>  
> "BradLyons" <brad@audioandmidi.com> wrote:  
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>>Brad Lyons  
>>Sweetwater Sr Sales Engineer  
>

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Subject: Re: Long time no chat!  
Posted by [Bill L](#) on Wed, 04 Jul 2007 00:54:09 GMT  
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Hey Brad, some of us come and go depending on our schedules and travel etc.

I see you are setting a good example for all your gear-hungry customers.

Do you have any neck problems with the monitor up there? I worked for about 3 months every day with a monitor I had to look up at and I had some serious tweaky nerves in my neck.

Bill Lorentzen

BradLyons wrote:

> hey guys, long time no chat! I was talking with a client of mine and thought  
> I'd pop in for old times sake!!  
>  
> Brad Lyons  
> Sweetwater Sr Sales Engineer

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Subject: Re: Long time no chat!  
Posted by [BradLyons](#) on Wed, 04 Jul 2007 02:47:37 GMT  
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no problems at all, I lean back in my chair and it's straight ahead that way.  
I have the 19" monitor and that 32" display used in various scenarios.  
I mix to picture often, so sometimes I'll use that as the playback monitor while other times I'll use it when I'm editing or just mixing. When I'm in

the process of EQing and setting up a mix or tracking, I'll have everything on the smaller monitor and then it turns into a display of the other room.

I'm actually going to be converting my garage into the full studio at some point now the fiance and kids are moved in.

Bill L <bill@billlorentzen.com> wrote:

>Hey Brad, some of us come and go depending on our schedules and travel etc.

>

>I see you are setting a good example for all your gear-hungry customers.

>

>Do you have any neck problems with the monitor up there? I worked for

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>some serious tweaky nerves in my neck.

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>Bill Lorentzen

>

>BradLyons wrote:

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>> Brad Lyons

>> Sweetwater Sr Sales Engineer

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Subject: Re: Long time no chat!

Posted by [BradLyons](#) on Wed, 04 Jul 2007 02:51:58 GMT

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Doug Joyce? Man I love those ADL600's, I'm getting a third. I actually made drastic changes---I had (3) Liquid Channels and was about to buy (2) more, but decided to go another direction. There's a new product coming I'm not allowed to talk about yet, but I'm buying it when it's out. It's going to be one of the most revolutionary pres you'll see to date.

But yeah, those ADL's get HOT! Actually, all of my pres are either Tube or Transformer-based. I have a separate room air conditioner with volume control-ahhhhhhhhhhh. On the table to the right is an SSL channel strip, to my surprise--it doesn't get that hot. Go figure!

Brad Lyons  
Sweetwater

"DJ" <animix \_ at \_ animas \_ dot \_ net> wrote:

>Hi Brad,

>

>Nice looking studio. Nice to hear from your again. Do you do part time work

>as a short order fry cook using the face plates of those ADL's that are

>stack racked?

>

>:o)

>

>"Brad Lyons" <brad@audioandmidi.com> wrote in message

>news:468ac23e\$1@linux...

>>

>> I forgot to mention, former Paris user :-)

>>

>> Brad Lyons

>> www.audioandmidi.com

>>

>> "BradLyons" <brad@audioandmidi.com> wrote:

>>>

>>>hey guys, long time no chat! I was talking with a client of mine and

>>>thought

>>>I'd pop in for old times sake!!

>>>

>>>Brad Lyons

>>>Sweetwater Sr Sales Engineer

>>

>

>

---

Subject: Re: Long time no chat!

Posted by [BradLyons](#) on Wed, 04 Jul 2007 02:54:21 GMT

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Eating better? :-( no..... Actually, I have been doing better lately--my fiance made me :-) SSC passed away??????? WOW! About two years ago, I went through a scare of my own. I had major health problems with my breathing for three years, well it took that long to figure out the problem. I was choking, I had muscle hanging into my throat and making me pass out. I almost died actually because I was suffocating. So they had to put me in for major re-constructive throat surgery, I was home for about 6-weeks on bed rest taking 1,000mg of hydrocodeine around the clock every 2-hours for 10-days! Yeah, I was in la-la land :-)

Brad

"John" <no@no.com> wrote:

>

>Yeah but most importantly are you eating any better.....



>my latest creation [www.kfocus.com/pizza4.jpg](http://www.kfocus.com/pizza4.jpg)  
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>hehe, I'm on cubase 4 now with 3 digimax's and all the good stuff. Loving  
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>discussions. My setup is finally golden so I'm expecting to actually have  
>something tangible soon as Edmund would say. You know SSC passed away and  
>Edmund has been working for the government and never posted here again.

>The days of stoning are gone, you can stay and be family again. Welcome  
>back !!  
>  
>John

---

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Subject: Re: Long time no chat!  
Posted by [rick](#) on Wed, 04 Jul 2007 10:10:44 GMT  
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hey cornman...

On 4 Jul 2007 07:30:05 +1000, "BradLyons" <[brad@audioandmidi.com](mailto:brad@audioandmidi.com)>  
wrote:

>  
>hey guys, long time no chat! I was talking with a client of mine and thought  
>I'd pop in for old times sake!!  
>  
>Brad Lyons  
>Sweetwater Sr Sales Engineer

---

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Subject: Re: Long time no chat!  
Posted by [John \[1\]](#) on Wed, 04 Jul 2007 10:35:56 GMT  
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rick is still a man of many word

---

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Subject: Re: Long time no chat!  
Posted by [Don Nafe](#) on Wed, 04 Jul 2007 11:36:23 GMT  
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Hey Brad

Long time.

Glad to hear your doing well.

I'm still using that Paris rig you played middle man for...thanks

Stick around for a while, we still don't bite

Don

"BradLyons" <brad@audioandmidi.com> wrote in message  
news:468abfdd\$1@linux...

>  
> hey guys, long time no chat! I was talking with a client of mine and  
> thought  
> I'd pop in for old times sake!!  
>  
> Brad Lyons  
> Sweetwater Sr Sales Engineer

---

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Subject: Re: Long time no chat!  
Posted by [Neil](#) on Wed, 04 Jul 2007 14:44:24 GMT  
[View Forum Message](#) <> [Reply to Message](#)

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"DJ" <animix \_ at \_ animas \_ dot \_ net> wrote:  
>At least you found the problem.....but ya know, some people actually  
get  
>their kicks that way....;o)....I'm doing the "you gotta' lower your  
>cholesterol" thing right now. No more breakfast tacos for a while. Oatmeal  
  
>is sooooo boring....

Get your doc to give you a scrip for this stuff called Niaspan.  
All it is is a time-release form of niacin (vitamin B3), but  
you can't get it OTC... it's not too expensive, and it'll help  
more than any diet, and in terms of possible side-effects it's  
WAY better than going on Lipitor, or any of those other things,  
assuming it works in your case (it only takes a month to find  
out, do it for four weeks, then get your cholesterol checked  
again & see if it's working for you - obviously not everything  
works for everyone in the same way).

My doctor uses it himself, and he's got me on it now... my  
cholesterol had headed towards 220, and after 4 weeks of  
nothing but oatmeal breakfasts & no fat, no red meat, no eggs,  
etc, etc, I went back in to have it checked & it had gone up to  
250; and in fact, my good cholesterol had gone down! Doc says  
he had the same thing happening to him, and despite diet,

exercise, etc, his #'s were way over 300... went on Niaspam & all's well. He's a young guy, too - in his 30's, I'd guess, not overweight, doesn't smoke, etc... it's just a genetic thing for a lot of people.

Neil

---

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Subject: Re: Long time no chat!  
Posted by [rick](#) on Thu, 05 Jul 2007 08:36:58 GMT  
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---

3=s

On 4 Jul 2007 20:35:56 +1000, "John" <no@no.com> wrote:

>  
>rick is still a man of many word

---

---

Subject: Re: Long time no chat!  
Posted by [gmmccurdy](#) on Thu, 05 Jul 2007 12:27:15 GMT  
[View Forum Message](#) <> [Reply to Message](#)

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I try to avoid talking to Brad ... everytime I do it costs me money!!! :)

"Aaron Allen" <know-spam@not\_here.dude> wrote in message  
news:468adc81\$1@linux...

> Mark?

> "Brad Lyons" <brad@audioandmidi.com> wrote in message  
> news:468ac23e\$1@linux...

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>> I forgot to mention, former Paris user :-)

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>> Brad Lyons

>> www.audioandmidi.com

>>

>> "BradLyons" <brad@audioandmidi.com> wrote:

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>>>Brad Lyons

>>>Sweetwater Sr Sales Engineer

>>  
>  
>

---

Subject: Re: Long time no chat!  
Posted by [BradLyons](#) on Thu, 05 Jul 2007 13:07:04 GMT  
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---

haha!

Brad Lyons  
Sweetwater

"Mark McCurdy" <[gmmccurdy@hotmail.com](mailto:gmmccurdy@hotmail.com)> wrote:

>I try to avoid talking to Brad ... everytime I do it costs me money!!! :)

>  
>

>"Aaron Allen" <[know-spam@not\\_here.dude](mailto:know-spam@not_here.dude)> wrote in message

>news:468adc81\$1@linux...

>> Mark?

>> "Brad Lyons" <[brad@audioandmidi.com](mailto:brad@audioandmidi.com)> wrote in message

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>>>>Brad Lyons

>>>>Sweetwater Sr Sales Engineer

>>>

>>

>>

>

>

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Subject: Re: Long time no chat!  
Posted by [Kateeba](#) on Thu, 05 Jul 2007 13:18:21 GMT

---

BRAD!!!

Nice to hear from you man. It has actually been years! You were one of the originals from the first people to post here back in the old days.

I am still using Paris exclusively, but it is just for me and my music, or for some friends. Not a business.

I still don't eat meat either. Just fish & veggies. Feel great at 59 too, except for the arthritis in my hands bothering me.

My site is [www.enchantedvibrations.com](http://www.enchantedvibrations.com) There is even a video on one of my concerts there.

Congrats on getting engaged! I am happy for you.

Later..... and stay well.

Lou Guarino

"BradLyons" <[brad@audioandmidi.com](mailto:brad@audioandmidi.com)> wrote:

>

>hey guys, long time no chat! I was talking with a client of mine and thought  
>I'd pop in for old times sake!!

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>Brad Lyons

>Sweetwater Sr Sales Engineer

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